



	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Feelings and Attitudes	<ul style="list-style-type: none"> What do I have to do for myself now I am at school? Do I understand the school rules? 	<ul style="list-style-type: none"> How can I show that I am a 'good person' and not just well behaved? 	<ul style="list-style-type: none"> What makes me feel good? What makes me feel bad? Which changes could be good changes – and which changes can worry us? Why? 	<ul style="list-style-type: none"> How do I know how other people are feeling? What is respect – and how do I show it – especially if they are very different to me? Why should I be respected – and be respected by others? 	<ul style="list-style-type: none"> Why are my feelings changing as I get older? How do I feel about growing up and changing? How can I cope with strong feelings? What are 'stereotypes' and why do people have them? 	<ul style="list-style-type: none"> What kinds of feelings come with puberty? How can I cope with these different feelings and mood swings? How can I say 'no' to someone without hurting their feelings? What should I do if my family or friends don't see things the way I do? What do families from other cultures and religions think about growing up? Can I believe everything I see on the TV about perfect bodies/relationship/girls and boys... to be true? 	<ul style="list-style-type: none"> Is it normal to be attracted or in love with someone of the same gender? Does this mean I am gay or lesbian? Do you have to have sex to show someone you love them? What are sexual feelings? What should I do if I feel I am being pressured into doing something? When is the 'right time' to have a baby? My religion says that being gay or having sex before is marriage is wrong, what should I think? What is the difference between sexual attraction and love? What is decimation and what does the law say about discriminating certain groups of people (sexual orientation, religion, age, race etc)

This programme of study has been created in relation to the 2019 Relationships Education, Relationships and Sex Education (RSE) and Health Education Draft statutory guidance, February 2019. It meets all requirements, when read in conjunction with the 'Online Safety Overview' planning materials.

- RSE Teacher to cover during RSE sessions