



	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
<b>People Who Help Us</b>	<ul style="list-style-type: none"> <li>Who can I ask if I need to know something?</li> <li>Who can I go to if I am worried about something?</li> </ul>	<ul style="list-style-type: none"> <li>Who can I ask if I need to know something?</li> <li>Who can I go to if I am worried about something?</li> </ul>	<ul style="list-style-type: none"> <li>Who can I ask if I need to know something?</li> <li>Who can I go to if I am worried about something?</li> </ul>	<ul style="list-style-type: none"> <li>Who can I talk to if I feel anxious or unhappy?</li> <li>What does it mean to trust someone?</li> </ul>	<ul style="list-style-type: none"> <li>Where can I find information about growing up?</li> </ul>	<ul style="list-style-type: none"> <li>Who can I talk to for help and advice and where can I safely find extra info?</li> <li>How do I know if someone is trustworthy?</li> <li>Who can I talk to if I'm worried about someone mental health?</li> </ul>	<ul style="list-style-type: none"> <li>Who can I talk to for help and advice and where can I safely find extra info?</li> <li>If I trust someone, do I trust them about everything?</li> </ul>

This programme of study has been created in relation to the 2019 Relationships Education, Relationships and Sex Education (RSE) and Health Education Draft statutory guidance, February 2019. It meets all requirements, when read in conjunction with the 'Online Safety Overview' planning materials.

- RSE Teacher to cover during RSE sessions