

Mount Pleasant Primary School PSHE | Relationships & Sex Education | Programme of Study

| EYFS | Year 1 | Year 2 | Year 3 | Year 4 | Year 5 | Year 6 |
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| Who is in my family? Who do I look after? What can other people do to make me feel good? SQUE What can other people do to make me feel good? | What do I like about my friend? What does my friend like about me? What can other people do to make me feel good? Whyshouldn't I tease other people? | Why are friends important? What can other people do to make me feel good? What can I do to help other people feel good? How have my relationships changed as I have grown up? Why are some parents married and some not? | Why do friendships change? How can I be a good friend? What are the characteristics of a good friendship? Why can it be fun to have friends who are different to me? How do I know if I'm being bullied? What do I do if I'm being bullied? How can I makeup with someone if we've fallen out? | How do I fix a friendship issue without fighting? What are some of the bad ways people can behave towards one another? What are the characteristics of a healthy family life? (times of difficulty, protection and care, time and sharing). Why are strong friendships welcoming of others? What is grooming? | What are the important relationships in my life now? What is love? How do we show love to one another? Can people of the same sex love one another? Is this ok? What are the different kinds of families and partnerships? What do the words 'lesbian' and 'gay' mean? Why does calling someone 'gay' count as bullying? What should I do if someone is being bullied or abused? Can some relationships be harmful? Why arefamilies important for having babies and bringing them up? What aspects of a relationship require 'permission' from the other person? What are relationship boundaries – and how are they different with different people (parents, friends, siblings, strangers etc) What are the signs of grooming? | What makes a relationship happy or unhappy? Why do relationships change during adolescence? How can I cope with changing relationships with my family and friends? Why do people get married or have a civil partnership? What can I do about family and friendship break-up? What are the qualities I should look for in a partner? Would I be able to identify if I were being groomed? Should everyone have a boyfriend or girlfriend at my age? At what age is it legal to have sex? At what age is it legal to get married/ or have a civil partnership? How do I know when I am ready to have sex/be intimate with my boyfriend/girlfriend? What does it mean to be gay, lesbian, bisexual or transgender? What is the difference between transvestite and trans-sexual? What is acceptable touching and behaviour amongst my peers? How can I report peer on peer abuse: Childline etc |

This programme of study has been created in relation to the 2019 Relationships Education, Relationships and Sex Education (RSE) and Health Education Draft statutory guidance, February 2019. It meets all requirements, when read in conjunction with the 'Online Safety Overview' planning materials.